Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claim 1. (currently amended) A method of forming ear or nose plugs, comprising: providing silicone rubber base <u>material</u> and catalyst <u>materials</u>; mixing about equal parts of the silicone rubber base <u>material</u> and catalyst <u>materials</u> to

forming a module of the homogeneous putty;

form a homogeneous putty;

inserting the module within an ear or nose cavity using enough gentle pressure to allow the module to conform to the ear or nose cavity and leaving enough of the module outside of the cavity to grasp for removal;

waiting a predetermined amount of time to cure; and removing a custom shaped ear or nose plug.

- Claim 2. (previously presented) The method according to claim 1, wherein providing silicone rubber base material comprises providing a polysiloxane base having moderately low molecular weight polymer with 3 to 10 silane groups per molecule and filler.
- Claim 3. (previously presented) The method according to claim 1, wherein providing silicone rubber catalyst material comprises providing a moderately low molecular weight polymer with vinyl terminal groups plus filler and chloroplatinic acid catalyst.
- Claim 4. (previously presented) The method according to claim 1, wherein mixing comprises kneading by hand to obtain a uniformly mixed homogeneous putty.
- Claim 5. (previously presented) The method according to claim 1, wherein mixing comprises using a spatula to obtain a uniformly mixed homogeneous putty.

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- Claim 6. (previously presented) The method according to claim 1, wherein forming a bullet shaped and sized module of the homogeneous putty for an ear plug comprises rolling a ball of between about 0.5 to about 1.5 cubic centimeters of the homogeneous putty between fingers until one end is narrower in diameter than an opposite end.
- Claim 7. (previously presented) The method according to claim 1, further comprising forming the module into a bullet shaped and sized module.
- Claim 8. (previously presented) The method according to claim 7, wherein forming a bullet shaped and sized module of the homogeneous putty for a nose plug comprises rolling a ball of between about 2 to about 4 cubic centimeters of the homogeneous putty between fingers until one end is narrower in diameter than an opposite end.
- Claim 9. (previously presented) The method according to claim 1, wherein inserting the module is performed within about 1 minute to about 3 minutes from beginning of the mixing.
- Claim 10. (previously presented) The method according to claim 1, wherein waiting a predetermined amount of time to cure comprises waiting at least about 3 to 5 minutes measured from beginning of the mixing.
- Claim 11. (previously presented) The method according to claim 1, wherein removing a custom shaped ear or nose plug comprises grasping the module outside of the cavity and gently removing the custom shaped ear or nose plug.

Claims 12 - 26 (withdrawn)